



**SAILING INSTRUCTIONS**  
**American Diabetes Association**  
**9<sup>th</sup> Annual ADA Sailing Regatta - June 13-14, 2009**  
**Wayzata Yacht Club**

**1 RULES**

Standard 2009 Sailing Instructions of the Wayzata Yacht Club shall apply for all WYC boats, as well as visiting boats entered in the ADA event from other clubs. Standard 2009 Sailing Instructions of the Minnetonka Yacht Club shall apply for all MYC boats, except as modified herein.

**2 NOTICES TO COMPETITORS & CHANGES TO SAILING INSTRUCTIONS**

Notices to competitors will be posted on the official notice boards located at both Wayzata Yacht Club and Minnetonka Yacht Club.

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

**3 SCHEDULE OF RACES**

June 13 <sup>th</sup>	1000	Warning signal for Race 1 Race 2 to follow back-to-back
June 14 <sup>th</sup>	1000	Warning signal for Race 3 Race 4 to follow back-to-back

**4 RADIO COMMUNICATIONS**

All transmissions from the Race Committee to competitors will be on VHF Channel 68. This changes MYC Sailing Instructions 3(c) and 4(d).

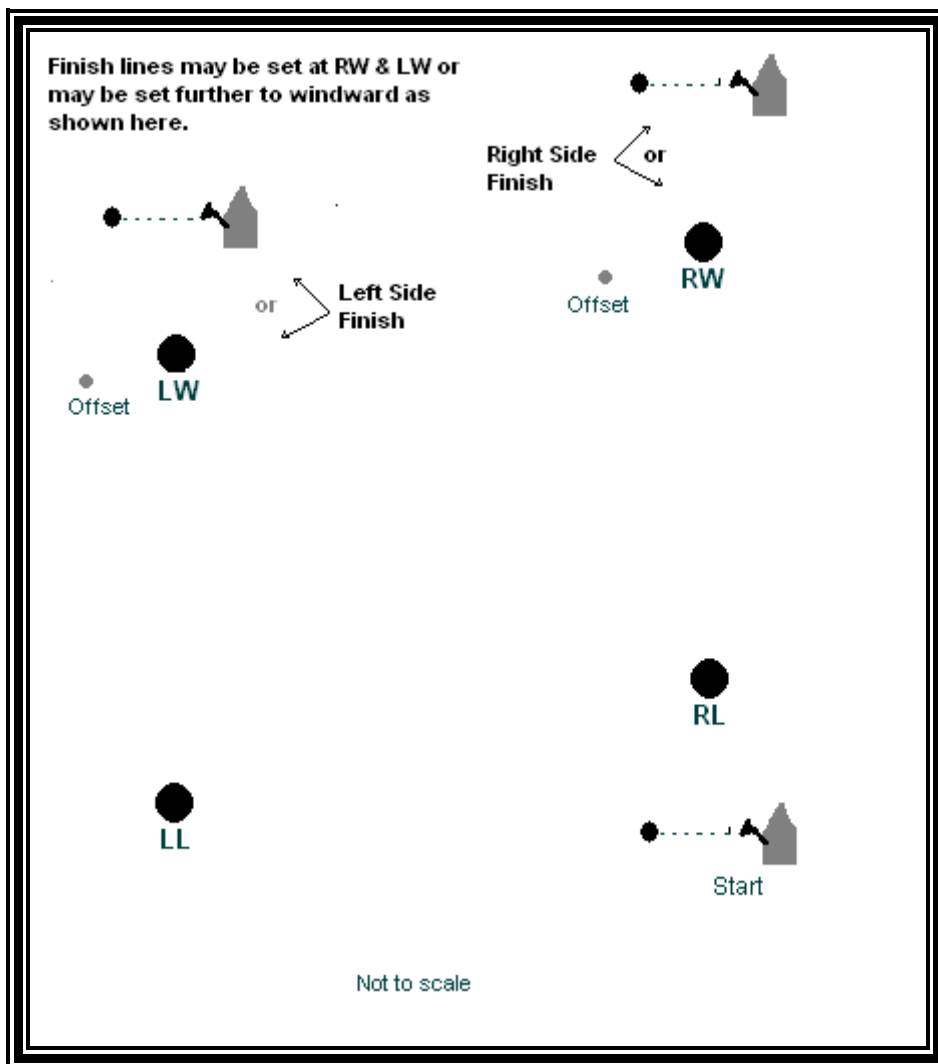
**5 THE COURSES**

The attached diagram shows the courses, including the approximate angles between marks, and the order in which marks are to be passed. This modifies MYC Sailing Instruction 8, and changes MYC Sailing Instruction 9 and Illustration A, course diagram.

**6 FLEET START SEQUENCE**

All Minnetonka YC Fleets will start first, with the first warning signal of each day. The Wayzata YC ADA fleets will use a new start sequence that will be signalled shortly after the final MYC fleet starts. MYC fleets will likewise start the second race of each day first.

# 2009 ADA Annual Regatta – Course Diagram



**RL is not a mark of the course on the first leg of a race.**

**RW and LW are not marks of the course when sailing to a finish line set windward of RW or LW**

## MYC Fleet courses:

- LW1 1/2 Start – RW (+Offset) – LW(+Offset) – LL – Finish
- LW2 1/2 Start - RW(+Offset) – LW(+Offset) - LL – LW(+Offset) - LL – Finish
- LW3 1/2 Start - RW(+Offset) – LW(+Offset) - LL – LW(+Offset) - LL – LW(+Offset) – LL - Finish

## WYC/ADA fleet courses:

- RW1 1/2 Start – RW(+Offset) - RL - Finish
- RW2 1/2 Start – RW(+Offset) - RL – RW(+Offset) – RL – Finish
- RW3 1/2 Start – RW(+Offset) -- RL – RW(+Offset) – RL – RW(+Offset) – RL - Finish

## Mark descriptions:

- Start mark: Small Orange Inflatable mark
- RW & RL: Large Orange Inflatable marks
- LW & LL: Large Yellow Inflatable marks
- Left Side Finish mark (if finish line set above LW): Small ball
- Right Side Finish mark (if finish line set above RW): Small ball