

2009 Sailing Instructions

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1. Rules

Racing at the Minnetonka Yacht Club shall be governed by:

1. The Racing Rules of Sailing (RRS) 2009-2012, including US Sailing Prescriptions
2. ILYA Class or individual class rules,
3. If boats carry Radios or Cell Phones while racing in violation of class rules the protest committee shall not impose a penalty. This changes RRS 64.1.

In case of conflict of rules, the Official Notice Board, then these Sailing Instructions, and then the other aforementioned rules shall prevail.

2. Entries and Eligibility

a) MYC Membership

In order for a boat to compete in any scheduled race her helmsperson must be an MYC member, except as noted below:

1. An Associate member shall not helm a boat in more than three completed races.
2. A non-member may helm an MYC registered boat during a non-championship series race if a Regular member is on that boat, for no more than five races per season.
3. Except in Classes X, and Laser, a person may not crew for more than five races without being at least an Associate member.

b) MYC Boat Registration

1. All boats must be registered with the Minnetonka Yacht Club, by an MYC member.
2. All boats racing in MYC sanctioned events must be properly registered under Minnesota Statutes. Non-conforming boats will be subject to protest.
3. J/22 National class rule limiting crew weight will not be enforced for MYC races.
4. J/22 National Class and local fleet dues must be paid.
5. Boats from other lakes may sail as guests of MYC in up to five scheduled races per season but will not be scored.

A boat will not be registered or scored until all dues, fees and past due accounts have been paid.

3. Notices to Competitors, Changes in Sailing Instructions, & RC use of Radios

- a) Any changes to the Sailing Schedule or Notices to Competitors will be posted on the official MYC Race Notice Board in the MYC Clubhouse at Lighthouse Island and may be also posted on the MYC Internet Web site (www.minnetonkayachtclub.org), at least twenty four hours prior to the warning signal for the first affected race. Changes to trophy assignments may not be posted.
- b) Changes to the sailing instructions will be posted on the official MYC Race Notice Board in the MYC Clubhouse at Lighthouse Island and may be also be posted on the MYC Internet Web site (www.minnetonkayachtclub.org), at least two hours prior to the warning signal for the first affected race or may be made by verbal hail, and on VHF radio competitors channel, from the MYC Signal Boat prior to the warning signal for the affected race. Code flag "L" shall be displayed.
- c) The Race Committee may use VHF radio competitors channel to communicate with competitors, who are free to monitor, on that channel only, while racing. Such communications are freely available to all competitors. Any use of communication devices to transmit or to obtain competitive advantage is strictly forbidden. The competitors channel is VHF 72. Failure to receive a radio transmission shall not be cause for redress under RRS 62.1a

4. Safety

a) Personal Flotation Devices

All sailors participating in a MYC race will be required to wear, except temporarily while adjusting clothing, a Coast Guard approved Type 1,11, 111 or V personal flotation device (PFD):

1. During races before Memorial Day Weekend and after Labor day
2. All Junior Sailors (under age 17), including all X Boat, Optimist, Laser and 420 while racing
3. When required by the Race Committee

b) Throwable PFDs

With the exception of Optimist, 420 and Laser classes, all boats participating in a MYC race or event must have a Coast Guard approved

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Type IV throwable safety device within easy reach of the helmsman.

c) Safety Checks

The Race Committee may perform random safety checks during the season. Approved life jackets, throwable safety device and the location of each are to be shown to the Race Committee during the safety check. Boat weight and numbers may also be checked. Failure to meet the safety requirements will disqualify the infringing boat from being scored for the race (this may not be used as a scoring throwout) and any future race until the infringing boat proves to the Principal Race Officer that it has the required safety equipment.

d) Flotation Panels

Sail flotation panels at the head of the mast are required while racing for Class A,E,C,and X, under the following conditions:

1. When indicated by the Race Committee. Notification will consist of Flag "F" flown from the MYC Signal Boat and the MYC flag pole on Lighthouse Island 30 minutes before the warning signal for any race where panels are required. The Race Committee may also make a courtesy (unofficial) announcement on VHF radio channel 72 thirty to forty five minutes before the warning signal.
2. Before Memorial Day weekend and after Labor Day weekend.
3. Flotation panels should be used voluntarily by any boat when it deems appropriate.

e) VHF Radio use

VHF radios are permitted to transmit while racing for safety purposes. When the Race Committee witnesses a violation of any of these safety requirements, it shall protest.

5 Signals Made Ashore

Signals made ashore will be displayed from the Race Committee Signal Boat at Lighthouse Island, except as noted in Instruction 4(d), above.

6. Schedule of Races

Scheduled Races are listed in the MYC Annual Program except as noted in Instruction 3, above.

7. Racing Area

The racing area is Lower Lake Minnetonka.

8. Courses

Illustration A shows the courses. The course(s) will be displayed on the Race Committee signal boat, course board, listing the class(es), course for each class, number of laps, and mark color. The mark color shall designate the leeward mark for each fleet, unless the Race Committee announces that it describes the windward mark color to be used for each fleet. The Race Committee may also post the approximate compass bearing from the start to the first mark on the course board.

a) Classes

Classes will be posted on the course board in descending order of start prior to the preparatory signal. When two or more classes are to

start simultaneously, class designations will appear on the same horizontal line.

b) Course Designations

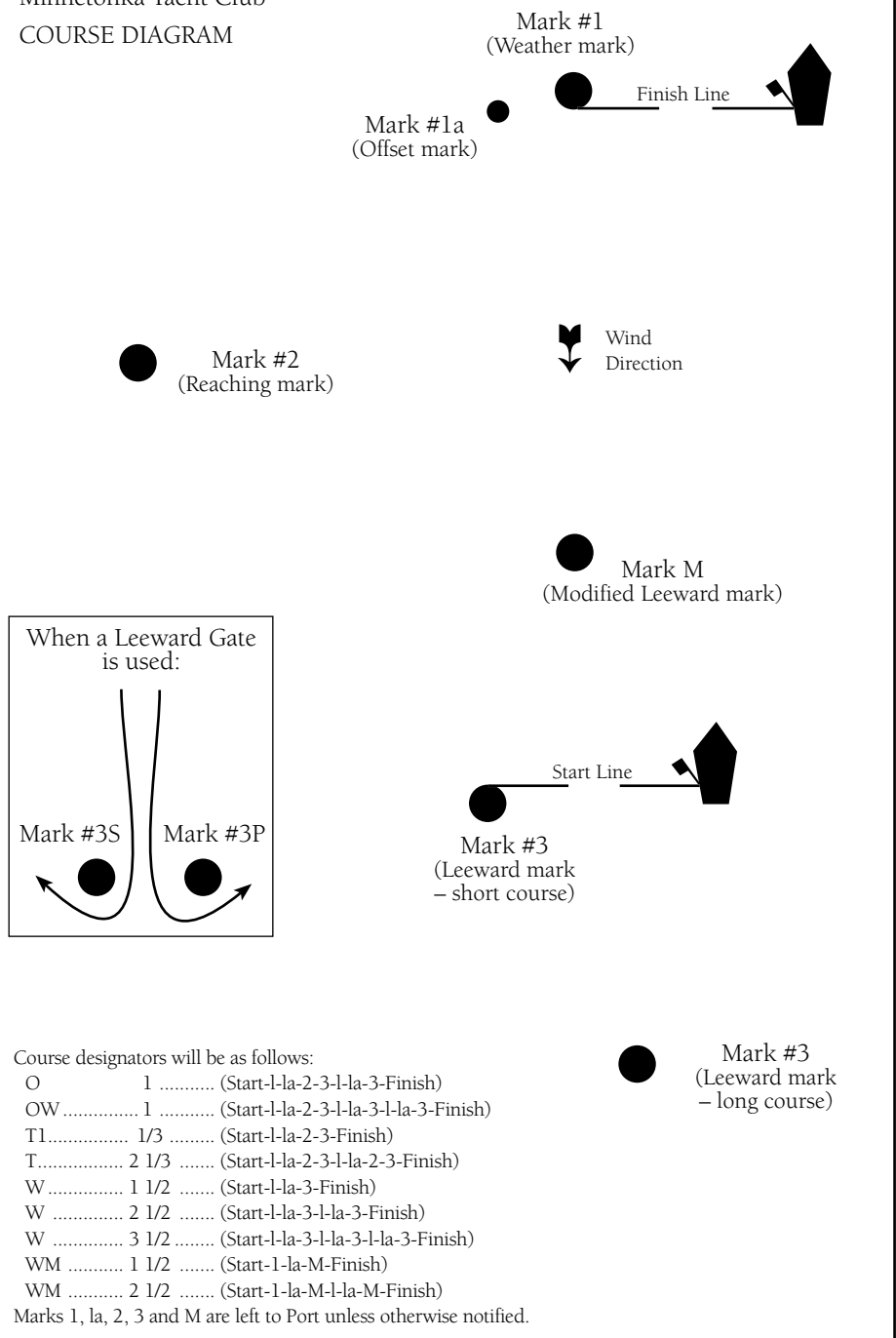
Courses will be posted on the course board. If multiple windward and/or leeward marks are to be used, the color of the mark(s) for the respective class(es) will also be posted. Verbal hails from the Race Committee during the starting sequence may also be used to clarify which fleets will use which color marks. Course designators are shown in Illustration A.

c) Leeward Gates

If the Race Committee sets a Leeward Gate instead of Mark 3, boats

Illustration A

Minnetonka Yacht Club
COURSE DIAGRAM



2009 Sailing Instructions (continued)

shall sail between Mark 3S and Mark 3P from the direction of the last mark and round either Mark 3S to starboard or Mark 3P to port, as shown in the course diagram in Illustration A.

d) Courses for back-to-back races

During select races as noted in the schedule an effort will be made to complete two short back-to-back races. Unless the Race Committee announces otherwise, a safety boat may replace the RC Signal boat to take finishes for the fleets which are sailing a single race. The RC Signal boat will take finishes for fleet(s) sailing back-to-back races, and then start a 2nd race immediately following completion of the 1st, if deemed feasible. Two races may not be sailed or completed on days with light winds, heavy winds or adverse weather conditions, and/or due to time constraints.

e) Burton Cup

The Burton Cup races will start and finish in the vicinity of Lighthouse Island. The course will be defined on the course board and by verbal hail by the Race Committee and may be unique and different from those courses described above.

f) Northome Series Courses

Unless the Race Committee announces otherwise, all Northome Series races will use a reverse starting order, with Open Class starting first, and Class A last.

9. Marks

Marks will be a combination of yellow and orange inflatables unless modified by verbal hail of the Race Committee.

1. Offset marks (Mark 1a) will be small balls, and may be placed within approximately 50 yards of the windward mark. If an offset mark is used, it shall be rounded after, and in the same direction as the windward mark.
2. The racing mark(s) may vary by fleet. If multiple windward and/or leeward marks are used for different fleets, they will be designated by color on the course board and/or by verbal hail from the Race Committee during the starting sequence, unless its location is changed during the race and the color of the new mark is announced by the Race Committee with the course change.
3. A unique mark (orange tetrahedron unless otherwise announced by the race committee, and listed as Mark 'M' in Illustration A), may be set between the start line and the windward mark as a leeward mark for the X class and/or other fleets as defined on the Signal Boat course board.

10. Borrowed Sails

A boat using a borrowed sail with a different sail number shall report the proper number to the Race Committee signal boat prior to her preparatory signal and again when finishing the race. Failure to comply may result in a 20% scoring penalty for that race.

11. Postponements

When Flag "B" is hoisted along with the Answering Pennant (Flag 'AP'), a race will not be started any sooner than one-half hour after the lowering of Flag "B" accompanied by one sound signal. Intention to postpone may also be announced prior to the scheduled starting time.

12. The Start

a) Start

Races will be started using the following system. All signals will be at 3-minute intervals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Signal	Visual & sound signal ...	Minutes before start
Warning	Yellow flag; 1 sound	6
Preparatory	Blue flag; 1 sound	3
Starting	Red flag; 1 sound	0

Each signal shall be removed one minute before the next is made. When multiple fleets are racing, the starting signal for each class shall be the preparatory signal for the next. One Minute Rule RRS 30.1 will be in effect for all races. This changes RRS 26 and RRS "Race Signals."

b) Sound Signal Starting System

For the X, 420 ,Laser and Optimist fleets the Race Committee may start some races using the Sound Signal Starting System (RRS appendix Q).

c) Start line

The start line will be between a staff displaying an orange flag on the Race Committee boat and the course side of the starting mark.

d) Hailing Premature Starters prior to the Starting Signal

Prior to the Starting Signal, the Race Committee may signal that boat(s) are in violation of RRS 30.1 by displaying Flag 'V' along with a sound signal. Flag 'V' will be removed when all boats have complied with RRS 30.1, or at the Starting Signal.

e) Postponement after Preparatory signal but prior to the start

When, following a preparatory signal, a starting sequence is to be resumed within 15 minutes after a postponement, the next signal will be a new preparatory signal. Otherwise the next signal will be a new warning signal. This changes Race Signals.

f) Individual Recall

After an Individual Recall, the starts for the succeeding classes will continue as scheduled. RRS 29.1 is modified to state that the "X" signal will be displayed until all such boats are completely on the pre-start side of the starting line or its extensions and have complied with RRS 30.1 or for 2 minutes. The Race Committee will attempt to hail the boat(s) not in compliance with RRS 29.1 or 30.1, but it is the responsibility of the premature boats to start correctly. The Race Committee may make the OCS announcements by oral hail, and may supplement them with hails on the competitors channel. Such announcements are a courtesy and failure to hear or understand them shall not constitute grounds for redress. This supplements RRS 62.1(a).

g) General Recall

RRS 29.2 is modified. After a General Recall, the starts for the succeeding classes will continue as scheduled. The class recalled shall always go to the end of the starting order and start three minutes after the last class has started. Flag "First Substitute" will be lowered one minute before the starting signal for the next scheduled class. No sound signal will be made upon lowering Flag "First Substitute."

13. Change of Course

During Class A scow races the RC may notify changes of course by VHF radio. This changes RRS 33.

14. The Finish

The finish line will be between a staff displaying an orange flag on the Race Committee boat and the course side of the finishing mark.

15. Penalty System

RRS 44.1 shall apply except that:

- a) Class A scows that may have broken a rule of Part 2 of the RRS while racing, may take a penalty at the time of the incident in either of two ways. The boat may either do a one turn penalty, including a tack and a gybe — OR — the boat may take a 20% scoring penalty and comply with RRS 44.3.
- b) Class E scows that may have broken a rule of Part 2 of the RRS while racing, may take a penalty at the time of the incident by doing a one turn penalty, including a tack and a gybe. This changes RRS 44.1 and RRS 44.2.

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